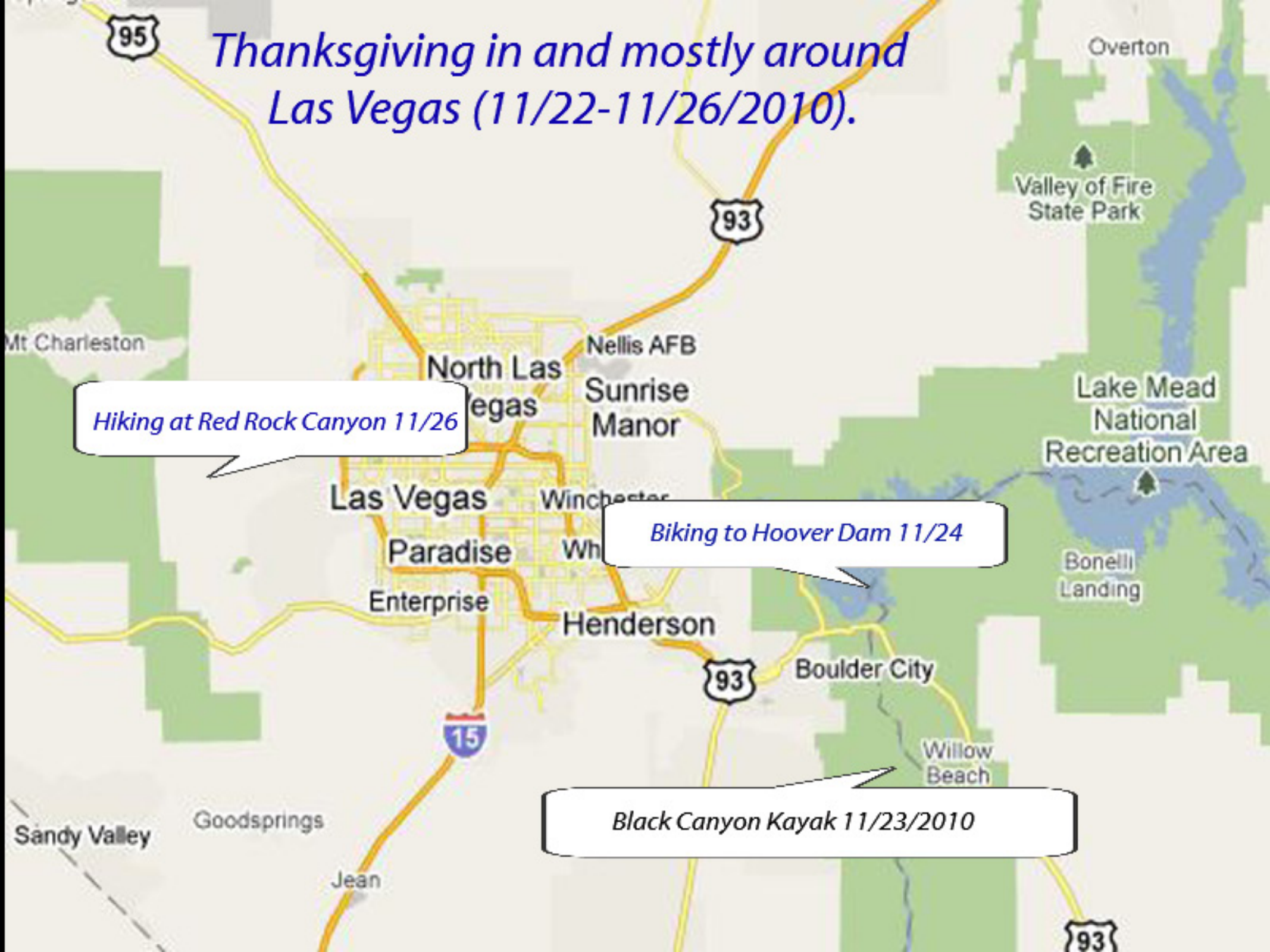


*Thanksgiving in and mostly around  
Las Vegas (11/22-11/26/2010).*

*Hiking at Red Rock Canyon 11/26*

*Biking to Hoover Dam 11/24*

*Black Canyon Kayak 11/23/2010*





Hoover Dam

11/23/2010

Black Canyon  
12.5 miles on  
Colorado River

Arizona

Nevada

93

Willow  
Point

Hoover Dam BC













***Our put in below Hoover Dam***











*Hiking to one of many hot springs*









Our guide - Hawk

















*AZ Hot Springs Beach*











*Hiking up White Rock Canyon through hot springs*







*Hiking through hot water to the hot tubs*





*Weeping Springs Cove*









# Abe Lincoln Rock















*Cable Car to cat walk*



*Cat Walk to depth measuring station*



*To the take out at Willow Beach*

After kayaking we had martinis in New York.



## *Mt Biking from Boulder City to Hoover Dam*





Lake Mead

































*View Hoover dam from bridge*

After biking, wine in Paris.



Hiking in Red Rock Canyon, 30 minutes west of Las Vegas.













## ICE BOX CANYON TRAIL SYSTEM

| Destination                   | Distance one-way     |
|-------------------------------|----------------------|
| ICE BOX CANYON:               | 2.5 miles, difficult |
| LOST CREEK:                   | 1.3 miles, moderate  |
| DALE'S TRAIL<br>INTERSECTION: | .2 mile, easy        |
| PINE CREEK<br>INTERSECTION:   | 2.2 miles, moderate  |

































*Dinner in Venice before flying home.*